An Introduction to HF System Design

Welcome to the wonderful world of HF!

By Dean Straw, N6BV
Senior Assistant Technical Editor, ARRL
Stanford Amateur Radio Club
Palo Alto, March 8, 2005
The HF (High Frequency) Bands

• The High-Frequency (HF) spectrum covers 2 to 30 MHz.
The HF (High Frequency) Bands

• The High-Frequency (HF) spectrum covers 2 to 30 MHz.

• Operating HF is intriguing, and fun!

4X4NJ on 160 meters
Communications

All point-to-point communications, VHF/UHF or HF, require:

• A transmitter, with a transmission line leading to an antenna
Communications

All point-to-point communications, VHF/UHF or HF, require:

• A transmitter, with a transmission line leading to an antenna

• A propagation medium
Communications

All point-to-point communications, VHF/UHF or HF, require:

• A transmitter, with a transmission line leading to an antenna

• A propagation medium

• A receiver, with a transmission line leading to an antenna.
HF Communications

• I will only talk here about antennas and the HF propagation medium -- the ionosphere.
What’s so Special About the HF Bands?

- You can communicate with both distant and local stations.
What’s so Special About the HF Bands?

• You can communicate with both distant and local stations.

• Contrast VHF/UHF with HF: On VHF/UHF you generally only have local coverage -- often only through a repeater.
The Problem with VHF/UHF: Line-of-Sight Only Goes so Far as... well, Line-of-Sight

The Earth’s curvature blocks direct signals.

Courtesy *The ARRL Antenna Book*
Beyond line-of-sight, you need a high reflector of some sort-- the Earth’s ionosphere (or a satellite -- even the Moon).
Solar excitation of trace elements creates ionized regions: D, E, F₁ and F₂. The F₂ region is the most important for long-distance HF communications.
Help from the Ionosphere

Lost to space

An ionized layer will refract signals back down to the Earth, if the level of ionization is sufficient. There is a *Critical Angle* for a particular level of ionization and layer height and frequency.

Courtesy *The ARRL Antenna Book*
State of the Ionosphere

The level of ionization in the ionosphere varies with the state of the sun’s production of UV:

• Varies with the sun’s 11-year cycle
State of the Ionosphere

The level of ionization in the ionosphere varies with the state of the sun’s production of UV:

• Varies with the sun’s 11-year cycle
• Varies with the season (month and day)
State of the Ionosphere

The level of ionization in the ionosphere varies with the state of the sun’s production of UV:

• Varies with the sun’s 11-year cycle
• Varies with the season (month and day)
• Varies with the hour (there’s no solar UV at night, for example, in the area of darkness)
The Sun’s Production of UV

The 14-30 MHz upper HF bands are most affected by the 11-year solar cycle: the number of sunspots vary over the cycle.

Lots of big sunspots in 2000

When there are sunspots, the Sun ionizes the ionosphere strongly with UV, promoting good propagation on the upper HF bands.
The Sun’s Production of UV

Right now we’re well past the sunspot peak in Cycle 23. The upper HF bands are fairly quiet most of the time.

(Courtesy: NASA)
HF -- During the Day

Upper HF bands (10-30 MHz) are open
HF -- At Night

Lower HF bands (2-10 MHz) are open
Azimuthal View -- Another Way to Look at the Earth
Doing HF

• First, you can’t do much to influence the sun!
Doing HF

• First, you can’t do much to influence the sun!

• About the best you can do is pick an appropriate frequency and a time when a particular band is likely to be open.
Doing HF

• First, you can’t do much to influence the sun!
• About the best you can do is pick an appropriate frequency and a time when a particular band is likely to be open.
• Then, you pick a suitable antenna, aim it at the desired station and try to make contact.
Explaining the Contest

• This audio snippet is from the 2001 ARRL Sweepstakes Contest, where the goal is to work as many people in the US and Canada in 24 hours.

• The information exchanged is rather long. For ex.: “Nr 144 Bravo N6BV 59 East Bay”

Serial no. Classification Year licensed ARRL location

My call

Work ‘em fast!
Scientifically Planning a Station

There are three elements needed to plan an HF station *scientifically*:

• The range of elevation angles needed.
Scientifically Planning a Station

There are three elements needed to plan an HF station *scientifically*:

- The range of elevation angles needed.
- Antenna performance parameters.
Scientifically Planning a Station

There are three elements needed to plan an HF station *scientifically*:

- The range of elevation angles needed.
- Antenna performance parameters.
- The effects of local terrain.
Elevation Angles

• About ten years ago I started a detailed study at ARRL HQ on the range of elevation angles needed for communication between various locations around the world.

• I used the *IONCAP* program (now upgraded to the *VOACAP* program), along with some proprietary software I wrote.
Elevation Angles

- Please recognize that the discussion about the ionosphere is very simplified.
Elevation Angles

• Please recognize that this discussion about the ionosphere is very simplified.

• The real world is considerably more complex. Statistical considerations prevail.
Elevation Angles

• Please recognize that the discussion about the ionosphere is *very* simplified.

• The real world is *considerably* more complex. Statistical considerations prevail.

• There are numerous “exotic” propagation modes that make HF exciting -- and highly variable. This overview won’t cover those.
What Angles Do You Need?

The elevation-angle files from *The ARRL Antenna Book* contain statistical averages over the entire 11-year solar cycle -- for all months of the year and for all hours of the day.
### Sample Data, Boston to Europe

**Boston, Massachusetts to Europe**

<table>
<thead>
<tr>
<th>Elev</th>
<th>80m</th>
<th>40m</th>
<th>30m</th>
<th>20m</th>
<th>17m</th>
<th>15m</th>
<th>12m</th>
<th>10m</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>4.1</td>
<td>9.6</td>
<td>4.6</td>
<td>1.7</td>
<td>2.1</td>
<td>4.4</td>
<td>5.5</td>
<td>7.2</td>
</tr>
<tr>
<td>2</td>
<td>0.8</td>
<td>2.3</td>
<td>7.2</td>
<td>1.4</td>
<td>2.8</td>
<td>2.8</td>
<td>3.7</td>
<td>5.3</td>
</tr>
<tr>
<td>3</td>
<td>0.3</td>
<td>0.7</td>
<td>4.3</td>
<td>3.1</td>
<td>2.4</td>
<td>2.2</td>
<td>4.4</td>
<td>7.9</td>
</tr>
<tr>
<td>4</td>
<td>0.5</td>
<td>4.1</td>
<td>8.7</td>
<td>11.6</td>
<td>12.2</td>
<td>9.4</td>
<td>8.1</td>
<td>3.9</td>
</tr>
<tr>
<td>5</td>
<td>4.6</td>
<td>4.8</td>
<td>7.5</td>
<td>12.7</td>
<td>14.3</td>
<td>13.1</td>
<td>9.2</td>
<td>11.2</td>
</tr>
<tr>
<td>6</td>
<td>7.1</td>
<td>8.9</td>
<td>5.5</td>
<td>9.2</td>
<td>9.6</td>
<td>12.2</td>
<td>9.2</td>
<td>7.2</td>
</tr>
<tr>
<td>7</td>
<td>8.5</td>
<td>6.9</td>
<td>7.2</td>
<td>4.6</td>
<td>7.9</td>
<td>7.4</td>
<td>10.0</td>
<td>5.9</td>
</tr>
<tr>
<td>8</td>
<td>5.1</td>
<td>7.0</td>
<td>5.4</td>
<td>3.2</td>
<td>5.9</td>
<td>7.4</td>
<td>4.8</td>
<td>6.6</td>
</tr>
<tr>
<td>9</td>
<td>3.3</td>
<td>5.6</td>
<td>3.2</td>
<td>3.1</td>
<td>2.1</td>
<td>3.9</td>
<td>8.1</td>
<td>9.2</td>
</tr>
<tr>
<td>10</td>
<td>1.0</td>
<td>4.0</td>
<td>7.9</td>
<td>6.3</td>
<td>5.1</td>
<td>3.7</td>
<td>11.1</td>
<td>6.6</td>
</tr>
<tr>
<td>11</td>
<td>1.9</td>
<td>3.8</td>
<td>9.7</td>
<td>10.2</td>
<td>7.2</td>
<td>5.4</td>
<td>3.7</td>
<td>7.9</td>
</tr>
<tr>
<td>12</td>
<td>5.6</td>
<td>3.4</td>
<td>4.8</td>
<td>8.5</td>
<td>6.9</td>
<td>7.4</td>
<td>4.8</td>
<td>6.6</td>
</tr>
<tr>
<td>13</td>
<td>11.0</td>
<td>3.0</td>
<td>2.4</td>
<td>4.1</td>
<td>5.9</td>
<td>4.6</td>
<td>3.3</td>
<td>2.6</td>
</tr>
<tr>
<td>14</td>
<td>7.6</td>
<td>4.8</td>
<td>2.0</td>
<td>2.7</td>
<td>3.8</td>
<td>3.9</td>
<td>6.3</td>
<td>5.9</td>
</tr>
<tr>
<td>15</td>
<td>5.3</td>
<td>7.9</td>
<td>2.0</td>
<td>1.5</td>
<td>2.4</td>
<td>1.7</td>
<td>1.5</td>
<td>2.0</td>
</tr>
<tr>
<td>16</td>
<td>2.8</td>
<td>6.4</td>
<td>3.8</td>
<td>2.9</td>
<td>1.5</td>
<td>1.3</td>
<td>2.6</td>
<td>2.6</td>
</tr>
<tr>
<td>17</td>
<td>5.0</td>
<td>3.4</td>
<td>4.5</td>
<td>3.1</td>
<td>1.0</td>
<td>1.5</td>
<td>0.0</td>
<td>0.0</td>
</tr>
<tr>
<td>18</td>
<td>4.2</td>
<td>2.0</td>
<td>3.1</td>
<td>3.1</td>
<td>2.0</td>
<td>2.2</td>
<td>1.8</td>
<td>1.3</td>
</tr>
<tr>
<td>19</td>
<td>5.7</td>
<td>1.4</td>
<td>1.4</td>
<td>2.3</td>
<td>1.3</td>
<td>0.7</td>
<td>0.0</td>
<td>0.0</td>
</tr>
<tr>
<td>20</td>
<td>6.6</td>
<td>1.4</td>
<td>1.2</td>
<td>1.8</td>
<td>1.1</td>
<td>1.3</td>
<td>0.7</td>
<td>0.0</td>
</tr>
<tr>
<td>21</td>
<td>4.4</td>
<td>1.4</td>
<td>0.5</td>
<td>0.8</td>
<td>0.7</td>
<td>0.7</td>
<td>0.4</td>
<td>0.0</td>
</tr>
<tr>
<td>22</td>
<td>2.3</td>
<td>2.4</td>
<td>1.0</td>
<td>1.1</td>
<td>0.6</td>
<td>1.3</td>
<td>0.7</td>
<td>0.0</td>
</tr>
<tr>
<td>23</td>
<td>1.3</td>
<td>1.8</td>
<td>0.1</td>
<td>0.3</td>
<td>0.1</td>
<td>0.0</td>
<td>0.0</td>
<td>0.0</td>
</tr>
<tr>
<td>24</td>
<td>0.6</td>
<td>1.0</td>
<td>0.5</td>
<td>0.5</td>
<td>0.4</td>
<td>0.7</td>
<td>0.0</td>
<td>0.0</td>
</tr>
<tr>
<td>25</td>
<td>0.3</td>
<td>0.8</td>
<td>0.3</td>
<td>0.1</td>
<td>0.4</td>
<td>0.0</td>
<td>0.0</td>
<td>0.0</td>
</tr>
<tr>
<td>26</td>
<td>0.0</td>
<td>0.5</td>
<td>0.7</td>
<td>0.2</td>
<td>0.1</td>
<td>0.4</td>
<td>0.0</td>
<td>0.0</td>
</tr>
<tr>
<td>27</td>
<td>0.1</td>
<td>0.1</td>
<td>0.1</td>
<td>0.2</td>
<td>0.1</td>
<td>0.2</td>
<td>0.0</td>
<td>0.0</td>
</tr>
<tr>
<td>28</td>
<td>0.0</td>
<td>0.3</td>
<td>0.1</td>
<td>0.2</td>
<td>0.0</td>
<td>0.2</td>
<td>0.0</td>
<td>0.0</td>
</tr>
<tr>
<td>29</td>
<td>0.1</td>
<td>0.0</td>
<td>0.2</td>
<td>0.0</td>
<td>0.0</td>
<td>0.0</td>
<td>0.0</td>
<td>0.0</td>
</tr>
<tr>
<td>30</td>
<td>0.0</td>
<td>0.1</td>
<td>0.0</td>
<td>0.0</td>
<td>0.0</td>
<td>0.0</td>
<td>0.0</td>
<td>0.0</td>
</tr>
</tbody>
</table>
One Picture is Worth a Thousand Words

Elevation response of 3-element Yagi at 70’ over flat ground

Elevation-angle stats
The Basics of Antennas

An antenna is a transducer.

Here’s a transducer you all have seen and heard: a loudspeaker.

A loudspeaker converts electrical energy into mechanical energy -- that is, into sound waves.
Antenna as Transducer

• Like a loudspeaker, an antenna acts like a transducer, but it converts electrical energy to *electromagnetic waves*.
Electromagnetic Waves

• Unlike sound waves, electromagnetic waves don’t require a medium for transmission. They can travel in the vacuum of outer space or in the ionosphere.
Electromagnetic Waves

- Unlike sound waves, electromagnetic waves don’t require a medium for transmission. They can travel in the vacuum of outer space or in the ionosphere.

- That they *do* travel in the ionosphere is part of the magic and wonder of radio -- because some waves manage to come down to earth, far away.
Antenna Characteristics

- Polarization
- Gain
- Feed-Point Impedance
Polarization

• Defined as the direction of the *electric field* of an electromagnetic wave.

• Over ground, a horizontal dipole is horizontally polarized. A vertical dipole is vertically polarized.
Polarization

• Ionospheric propagation jumbles polarization so an antenna’s polarization isn’t important.

• Ground losses with vertically polarized antennas can be severe, however. More on this later.
Antenna Gain

• *Gain* compares an antenna to a reference *isotropic* antenna.

An isotropic antenna radiates equally well in all directions. (Professor Leeson likens this to the sun.)
Antenna Gain

• *Gain* compares an antenna to a reference *isotropic* antenna.

   An isotropic antenna radiates equally well in all directions. (Professor Leeson likens this to the sun.)

• You don’t get something for nothing.

   Having *more* signal in one direction (gain) means *less* signal in other directions.
Antenna Gain

Like squeezing a balloon...

More signal in one direction means less signal in other directions
Antenna Gain

The range of HF antenna gain is not that large -- from about –10 to +20 dBi.

• This 30-dB range covers antenna ranging from a radiating light bulb (!) up to a stack of Yagis.
Antenna Gain

The range of HF antenna gain is not that large -- from about –10 to +20 dBi.

• This 30-dB range covers antenna ranging from a radiating light bulb (!) up to a stack of Yagis.

• It’s like going from 1 W to 1000 W, or about 5 S-units on a typical communications receiver.
Antenna Gain

You will hear much about azimuth and elevation patterns.

Azimuth

Elevation
Elevation-Plane Pattern

For a horizontally polarized antenna, the *height* directly affects the elevation pattern.

Over flat ground.
Feed-Point Impedance

• It’s just what it says -- the impedance measured at the antenna’s feed point.

Prototypical half-wave dipole
Feed-Point Impedance

• Most hams are accustomed to seeing feed-point impedance expressed as an SWR (standing-wave ratio) referenced to a feed line’s characteristic impedance (often, 50 Ω).
Feed-Point Impedance

• Most hams are accustomed to seeing feed-point impedance expressed as an SWR (standing-wave ratio) referenced to a feed line’s characteristic impedance (often, 50 Ω).

• An antenna need not be *resonant* to be an efficient radiator -- but a resonant antenna is easier to match to provide a 1:1 SWR to the transmitter -- that is, 50 + j 0 Ω.
The Antenna’s Environment

• The most obvious environment lies underneath an antenna -- the ground.

• Flat ground is easy to analyze mathematically.

• Local terrain is rarely perfectly flat!

Theory of images can be used to analyze the flat-ground case.
Local Terrain

- Local terrain, however, can have a profound effect on the launch of HF signals. *Diffraction* and reflection make things very complex.
Local Terrain, an Example

Terrain at Dr. Leeson’s (W6NL) place, towards Europe
Local Terrain

For more details on local terrain, see *The ARRL Antenna Book*. 
Horizontal vs Vertical

Over “typical” soil, a vertical will lose out to a 50-foot high horizontal dipole.
Put that Vertical at the Seashore, However...

Now we have a real horse race, especially at low elevation angles!
In Summary

• Is it really necessary to have detailed knowledge of the ionosphere, your antenna and the local terrain to have fun on HF?
In Summary

• Is it really necessary to have detailed knowledge of the ionosphere, your antenna and the local terrain to have fun on HF?

• Absolutely not! You can talk to people all around the world by flinging a wire dipole into the trees and getting on the air.
• But to someone trained as an engineer, it’s much more gratifying to plan things a little more scientifically!